



# CHRIST NAGAR COLLEGE



## SPORTS AND GAMES POLICY



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## MARANALLOOR, TRIVANDRUM

A CMI Educational Institution | Affiliated to the University of Kerala

### SPORTS AND GAMES POLICY

#### Vision

- With the aim of developing the all-round personality and physical health of the students, various sports events, and facilities for engaging in games are provided.

#### Objectives

1. To break the monotony of teaching-learning process.
2. To nurture the mental and physical health of the students.
3. To develop the overall personality of the students.
4. To prepare them for inter-collegiate, state level, national level competitions.
5. To provide entertainment and recreation.

#### Policy

1. A sports meet is held annually under the guidance of the physical education director.
2. Practice for group and individual events are given after the regular hours.
3. Students are trained to participate in inter-collegiate competitions.
4. The staff members and the sports/games committee members help the physical director in organising various events.
5. The college sponsors jerseys for all group items.
6. The college sponsors registration fee for all inter-collegiate competitions.
7. 'Sports-person of the year' award is given to the best performer every year.
8. Facilities for both indoor and outdoor games are provided.
9. Except for the nominal registration fee, the gym is free for all students.



PRINCIPAL  
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